



GAGA PIT KITS AUSTRALIA

# Gaga: the quick rules

Start on the wall, hit the ball, last one standing wins.



1 Hold the wall to start



2 One player throws the ball up



3 First bounce: "GA!"  
Second bounce: "GA!"  
Play begins



4 Hit the ball with an open hand



5 Ball hits you on or below the knee?  
You're out



6 Hit the ball out of the pit? You're out



7 Open hands only: no picking up, no kicking



8 Before hitting again, let the ball touch a wall or another player



9 You're out? Step outside and join the next round



10 Last player in the pit wins



Pick one line.  
Above it, play on.

**Quicker rounds**  
on or below the waist = out

**Standard rule**  
on or below the knee = out



[gagapitkits.com.au/games](https://gagapitkits.com.au/games)



# Running a game with a class

Short games, everyone moving, a soft ball.

## Group size



2 to 12 players. Split a bigger class into groups and swap groups after each round.

## Everyone's in



No skill, no teams. The ball stays low, so quick feet beat height and strength: anyone can be the last one standing.

## Keep it moving



Rounds are usually short. Start the next one as soon as a winner is decided.

## Bounce call



Hands stay on the wall until the second "GA!" Then practise rule 8: hit, wall, hit again.

## Ball



A soft foam ball, or a lightly inflated rubber ball (size 4 or 5), keeps play comfortable for everyone.

## Mix it up



Try a smaller group, shorter rounds or a different hit line.  
More ideas:

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